

**Pointe Claire Curling Club
Junior Curling Program 2008–2009 Schedule**

**BE SURE TO CHECK THE WEBSITE FOR ANY CHANGES TO THIS SCHEDULE
www.pointeclairecurling.com/juniors2.html**

| Week | Day | Date | Group 1 | Group 2 | Skill Development |
|--|---------------------------|----------------------------|---|-----------|----------------------------------|
| | Saturday | October 4 | 1:30 – 4:30 | | Junior Curling Open House |
| 1 | Saturday | October 18 | 1:30-3:00 | 3:00-4:30 | Introduction & Evaluation |
| 2 | Saturday | October 25 | 1:30-3:00 | 3:00-4:30 | Delivery Element #1 – Grip |
| 3 | Saturday | November 1 | 1:30-3:00 | 3:00-4:30 | D.E. #2 – Stance |
| 4 | Saturday | November 8 | 1:30-3:00 | 3:00-4:30 | D.E. #3 – Backward Motion |
| 5 | Saturday | November 15 | 1:30-3:00 | 3:00-4:30 | D.E. #4 – Forward Motion |
| 6 | Saturday | November 22 | 1:30-3:00 | 3:00-4:30 | D.E. #5A – Slide |
| 7 | Saturday | November 29 | 1:30-3:00 | 3:00-4:30 | D.E. #5B – Body Height/Balance |
| 8 | Sunday | December 7 | 3:00-4:30 | 4:30-6:00 | D.E. #6A – Release |
| 9 | Sunday | December 14 | 3:00 – 7:30 | | Kids vs. Parents/Pot Luck Supper |
| No Junior Curling on the December 21-22 or January 3-4 weekends | | | | | |
| | Fri, Sat & Sun | Dec 27, 28 & 29 | Tim Caverly Junior Bonspiel at Pointe Claire (Big Rocks – two or three days & Little Rocks – one day only) | | |
| 10 | Sunday | January 11 | 3:00-4:30 | 4:30-6:00 | D.E. #6B – Stone Rotation |
| 11 | Saturday | January 17 | 1:30-3:00 | 3:00-4:30 | D.E. #7 – Follow-through |
| 12 | Sunday | January 25 | 3:00-4:30 | 4:30-6:00 | Sweeping 1 – Stance/Direction |
| 13 | Saturday | January 31 | 1:30-3:00 | 3:00-4:30 | Sweeping 2 – Legal vs. Illegal |
| 14 | Saturday | February 7 | 1:30-3:00 | 3:00-4:30 | Shot Making – Draw Shots |
| No Junior Curling on the February 16-17 & 23-24 weekends – Lakeshore Bonspiel at the Club | | | | | |
| 15 | Saturday | February 28 | 1:30-3:00 | 3:00-4:30 | Shot Making – Take-outs |
| No Junior Curling on the March 7-8 weekend – Masters Provincial Championships at the Club | | | | | |
| 16 | Saturday | March 14 | 1:30-3:00 | 3:00-4:30 | Timing of Rocks |
| 17 | Sunday | March 22 | 3:00-4:30 | 4:30-6:00 | Free Guard Zone |
| 18 | Sunday | March 29 | 3:00-4:30 | 4:30-6:00 | Introduction to Strategy |
| 19 | Sunday | April 5 | 3:00 – 7:30 | | Kids vs. Parents/Pot Luck Supper |

Please note that on Sundays, curling starts at 3:00 and 4:30 (90 minutes later than usual).